



TODAY'S NEWS

Our Farm Fill | Online Counselling | Covid-19

Online Counselling

We offer a professional and discreet online counselling service to help victims of Domestic Violence and those experiencing depression.

If you or someone you know is going through a tough time (and they live in Australia) feel free to get in touch.

To find out more information please visit our website on; www.mybestlifeaustralia.org.au

Covid-19

In a time where staying at home is the best thing we can all do to help stop the spread of covid-19 we have to remember for some its a difficult time. As covid-19 puts pressure on many families, the domestic violence statistics are alarming and now is the time for people affected to receive support.

My Best Life Australia launched the Temy Nestor programme to provide safe shelter to these victims and now we're asking you for your support. We need funding to support the programmes but also we need more safe spaces. If you would like to help or have any questions please don't hesitate to get in contact.

Thank you

ceomybestlife@gmail.com



CEO Blake on the Farm

Our Farm Fill

Many Homeless and Food Bank Charities are inundated with people in great need of assistance for necessary items including food provisions. As such, we'd love to get more of you involved in our ongoing Egg Drive! The idea is simple; perfectly edible farm eggs that cannot be sold due to small cracks or uniformity imperfections are collected by My Best Lifer's (you!) and distributed to those who could use the resource for nutritious family meals!

If you'd like to volunteer to assist in our Egg Drive let us know at events.mybestlifeaustralia@gmail.com and we'll provide further information! (Be assured at this time we adhere to all safety and social distancing rules associated with Covid-19)

Thank you for your continued and ongoing support!



My Best Life